



# Walla Walla County

## WIC Facts: FFY 2004

### Infants Born Served by WIC

County.....59.5%  
Statewide..... 48.6%

### Women, Infants and Children Served

**Total: 3,178**

Infants and children under 5..... 2,294  
Pregnant, breastfeeding and postpartum women..... 884

### WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars  
\$1,174,130  
WIC Farmers Market Nutrition Program Food Dollars  
\$2,888

### WIC Families

Working families.....71.7%  
WIC households with at least one working family member

Families living in poverty..... 69.3%  
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

### WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions.....9,977

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



### WIC Attracts Families to Preventive Health Services

WIC referrals..... 13,869

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

\* Maternity Support Services

# *Walla Walla County*

## **WIC Agencies and Sites**

### **Walla Walla County Health Department**

Broetje Orchard  
Walla Walla

### **Yakima Valley Farm Workers Clinic**

Walla Walla

## **WIC Authorized Grocery Stores**

Albertsons

Andy's Market

Loney's Harvest Foods

Orchard View Market

Safeway

Super 1 Foods

Waitsburg Grocery

## **WIC Authorized Farmers Markets**

Downtown Walla Walla Farmers Market